

**Cat C  
Rd 4**

**CLASS No.: C**

**CATEGORY C**

**COMPETITION OVER FOUR ROUNDS**

**ROUND 4**

HEIGHT: 1,00 M  
OBSTACLES: 11  
EFFORTS: 13

SPEED: 325 M/MIN  
LENGTH: 480 M  
TIME ALLOWED: 89 SEC  
TIME LIMIT: 178 SEC

